

Cha Cha - Knee Lift and Point

		Man's		Ladies	
Phase	Time	Foot	Details	Foot	Details
Basic	1	L	Side	R	Side
	2	R	Back	L	Forward
	3	L	Forward	R	Back
	4	R	Side	L	Side
	and	L	Together	R	Together
	1	R	Side	L	Side
	2	L	Forward	R	Back
	3	R	Back	L	Forward
	4	L	Side	R	Side
	and	R	Together	L	Together
	X-Body Lead Lady's reverse turn	1	L	Open to left ~180, pre-lead	R
2		R	Right turns 180 now Lead reverse turn	L	Reverse turn Pivot on left
3		L	Stop her rotation with right hand	R	Continue Reverse turn Pivot on right to side by side He stops you with his hand
4		R	Forward w/hand on her shoulder	L	Forward
and		L	Forward	R	Forward
1		R	Forward	L	Forward
2		L	Plant	R	Plant
3		R	Knee Lift	L	Knee Lift
Fake in	4	R	Back, face her	L	Back, face him
	and	L	Together	R	Together
	1	R	Side	L	Side
	2	L	Step across in front of right,	R	Pivot to left, hand stop
	3	R	Sweep pivot to left, Point with right	L	Sweep pivot to right Point with left
Fake out	4	R	Step in place	L	Step in place
	and	L	Step	R	Step
	1	R	Step	L	Step
	2	L	Forward	R	Back
	3	R	Back	L	Forward
Finish this basic					